

# **Checklist for the “My Life Mission Mastery Course”**

To ensure that you get everything in the "My Life Mission Mastery Course" use this handy checklist:

## **Begin Here Module:**

- Checklist
- Welcome Letter

## **Module 1: Usui and Karuna Reiki® Healing Video**

- Usui and Karuna Reiki® Video on YouTube (unlisted)
- Module 1 PDF
- Ancestral Healing Prayers PDF (optional)

## **Module 2: Activate Your Divine Splendor through Meditation**

- Module 2 PDF

## **Module 3: Discover the Violet Flame of Saint Germain**

- Module 3 PDF
- PDF eBook *Violet Flame To Heal Body, Mind & Soul* by Elizabeth Clare Prophet
- PDF eBook *Violet Fire Alchemy* by Leona Lal-Singh

## **Module 4: Learn about Archangels, Ascended Masters, and Spirit Guides**

- Module 4 PDF
- PDF eBook *Unveiled Mysteries* by Godfré Ray King (aka Guy Ballard)

**Module 5: Learn Donna Eden's Five Minute Energy Routine to Balance Your Nine Energy Systems So You Can Soar**

- Module 5 PDF
- Five Minute Routine PDF
- Five Minute Daily Routine Video with Dr. Helen D. Wix
- YouTube Link for Donna Eden's Five Minute Daily Routine Video

**Module 6: Learn How to Make Friends with Your Shadow Self to Unleash Your Dynamic Power Within**

- Module 6 PDF
- MP3 Recording of Self-Guided Meditation to Make Friends with the Shadow Self by Dr. Helen D. Wix

**Module 7: Learn How Affirmative Prayer Can Help You Attract Your Heart's Desires**

- Module 7 PDF

**Module 8: Learn How To Combine Affirmations With Energy Techniques So That They Sink Down Into Your Subconscious Mind Deeper And Faster**

- Module 8 PDF
- PDF eBook Affirmations Are Powerful by Dr. Susan Jeffers

**Module 9: Learn How Emotional Freedom Techniques (EFT) Can Empower You To Clear Your Own Energy Blocks Caused By Everyday Stresses And Other Emotional Issues, and How to Co-Create with the Universe to Bring Exactly What You Want with a Clear Signal!**

- Module 9 PDF
- PDF eBook Tapping Solution

**Module 10: Learn Why Personal Development Is As Important As A College Education**

- Module 10 PDF
- PDF eBook *Million Dollar Habits* by Brian Tracy

**Module 11: Learn About Universal Laws To Plant Your Feet Firmly On The Path To Success**

- Module 11 PDF
- PDF eBook *Cosmic Laws*

**Module 12: Learn to Create a Vision Story to Inspire Yourself to Greatness**

- Module 12 PDF
- Vision Story Kit PDF

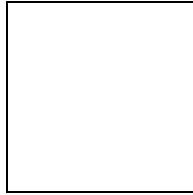
**Module 13: Learn How Essential Oils Can Raise Your Vibration and Heal Your Body, Mind, and Spirit**

- Module 13 PDF

**Module 14: Learn How To Partner With Those In The Spiritual Realm By Using Decrees!**

- Module 14 PDF
- PDF eBook *Prayers, Meditations, and Dynamic Decrees for Personal and World Transformation*

## About Dr. Helen D. Wix and the MLM Mastery Academy:



### Are You Ready to Finally Be Emotionally and Financially Free?

Dr. Helen D. Wix is a certified life and spiritual coach, psychic, Reiki Master Practitioner, Infinity Healer, spiritual teacher, author, and energy therapist.

Dr. Wix, founder of the [MLM Mastery Academy](#), creates Empowered Freedom Leaders. Think of her as a modern-day Harriet Tubman who empowers men and women to create wealth from the inside out by leading them to emotional and financial freedom. This means that Dr. Wix teaches how to free yourself from negative emotions such as limiting beliefs, worries, doubts, and fears.

You will also learn how to create generational wealth for yourself, and your family and leave a legacy. More importantly, Dr. Wix provides transformational tools through the “[My Life Mission Mastery Course](#)” which assists people in clearing their own past traumas plus the unresolved traumas we’re carrying from our ancestors so that we can finally achieve personal fulfillment and world peace. Her “Build Wealth from the Inside Out” YouTube Channel teaches you how to create wealth from the inside out because wealth is an inside job. This will enable you to create a life of happiness, abundance, and success.

### What is an Empowered Freedom Leader?

An Empowered Freedom Leader is a man or woman who has decided to free himself or herself emotionally and financially by using the tools available at the MLM Mastery Academy website, and then, as an Empowered Freedom Leader, helps others to free themselves. Empowered means that he or she will be taught how to access their inner Divine Power, so they can write their own ticket for the life of their dreams.

Dr. Wix worked in corporate America for 25 years before leaving to pursue a mission that was more meaningful and truly spoke to her soul. She wants to help others do the same. Contact her at [helen@mlmmasteryacademy.com](mailto:helen@mlmmasteryacademy.com).

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