

# Module 7

## Learn How Affirmative Prayer Can Help You Attract Your Heart's Desires

Dr. Helen D. Wix



Photo Credit: Bobby Mikul

What is affirmative prayer? In affirmative prayer, you focus on the solution instead of the problem. You connect with the spirit of the living God Within and reflect on the marvelous qualities of God, then speak boldly and positively about your desired outcome.

Affirmative prayer is not begging and pleading with God. That attitude or mindset puts you in a vibration of fear and lack. You will only attract more lack and things to fear in your life if you're in that vibration. For example, if you want to get married, a traditional prayer would say, "God please help me find someone to marry." In contrast, an affirmative prayer states, "I am now guided to my right and perfect partner." Do you see how much more empowering the second statement is than the first?

**Affirmative prayer is not trying to change God's mind!** Everything has already been given to you by God. You're just not a vibrational match for it yet. Affirmative prayer allows you to change *your* mind by expanding your consciousness so that you can see what is already there: the richest blessings that are beyond your wildest dreams!

Affirmative prayer is also known as Spiritual Mind Treatment, Spiritual Mind Science, Prayer Treatment, or Scientific Prayer. This form of prayer is used in various forms by New Thought churches such as Unity, Divine Science, Religious Science (now known as Centers for Spiritual Living) and Science of Mind. Google some of the above terms and/or churches and learn the steps to

create your own amazing affirmative prayers or partner with an affirmative prayer practitioner who will pray with and for you. In more traditional religions, this prayer is known as a “believing” prayer.

What sets affirmative prayer apart from traditional prayer, in my opinion, is the part regarding the release of any blockages that may be preventing you from reaching your goal. Unfortunately, many people are unaware that there are unseen barriers to their desires. But if you have already gone through Modules 1 and 3 of this course, then you know how ancestral baggage, traumas from our current life and past lives, and negative karma can keep us from reaching our full potential.

No matter how badly you want something and pray for it, you will not receive it unless these barriers are removed. For example, what if you wanted a new house and started praying for it. But what if, deep down, you felt that you didn’t really deserve it, or you are afraid of taking on a huge mortgage? Then you may block the fulfillment of your prayer unconsciously.

“Well, doesn’t God remove these barriers automatically?” you might ask. The answer is no. In the first place, because of the Law of Free Will, we have free will here on planet Earth, and free will is so respected in the spiritual realm, that we have to ask that the blocks be removed. Those in the Divine Realm cannot AND do not just carry things out automatically (except when our lives are in danger and a few other exceptions).

In the second place, you are a co-creator with God. That means that you must *consciously* be aware of what is going on in your life and why you’re asking for what you’re asking for. For example, what if you are praying about a current problem or condition that originated in a past life? If you don’t know about past lives (or don’t believe in them), then the problem or condition won’t be healed.

As you decide on what goals and dreams you want to fulfill, tools like affirmative prayer help you to stay firm in your resolve and become unwavering in your faith, especially when things look the exact opposite of what you want.

Be determined to “speak the word” using affirmative prayer. Speak what you want, not what you see! This may be one of the hardest tasks that you ever do, but it’s important that you speak “of future events with as much certainty as though they were already past.” (Romans 4:17, *The Living Bible*)

## About Dr. Helen D. Wix and the MLM Mastery Academy:



### Are You Ready to Finally Be Emotionally and Financially Free?

Dr. Helen D. Wix is a certified life and spiritual coach, psychic, Reiki Master Practitioner, Infinity Healer, spiritual teacher, author, and energy therapist.

Dr. Wix, founder of the [MLM Mastery Academy](#), creates Empowered Freedom Leaders. Think of her as a modern-day Harriet Tubman who empowers men and women to create wealth from the inside out by leading them to emotional and financial freedom. This means that Dr. Wix teaches how to free yourself from negative emotions such as limiting beliefs, worries, doubts, and fears.

You will also learn how to create generational wealth for yourself, and your family and leave a legacy. More importantly, Dr. Wix provides transformational tools through the "[My Life Mission Mastery Course](#)" which assists people in clearing their own past traumas plus the unresolved traumas we're carrying from our ancestors so that we can finally achieve personal fulfillment and world peace. Her "Build Wealth from the Inside Out" YouTube Channel teaches you how to create wealth from the inside out because wealth is an inside job. This will enable you to create a life of happiness, abundance, and success.

### What is an Empowered Freedom Leader?

An Empowered Freedom Leader is a man or woman who has decided to free himself or herself emotionally and financially by using the tools available at the MLM Mastery Academy website, and then, as an Empowered Freedom Leader, helps others to free themselves. Empowered means that he or she will be taught how to access their inner Divine Power, so they can write their own ticket for the life of their dreams.

Dr. Wix worked in corporate America for 25 years before leaving to pursue a mission that was more meaningful and truly spoke to her soul. She wants to help others do the same. Contact her at [helen@mlmmasteryacademy.com](mailto:helen@mlmmasteryacademy.com).

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